


SARATOGA COUNTY OFFICE FOR THE AGING-November 2013
HOME DELIVERED MEALS 363-4020

Monday	Tuesday	Wednesday	Thursday	Friday
Coffee, Tea and Margarine are served daily at sites. The suggested contribution is \$2 per meal. There is a \$6 fee for guests under the age of 60. Please make checks payable to: Prestige Services, c/o Saratoga County Office for the Aging, 152 West High Street, Ballston Spa, NY 12020				1 Sweet and Sour Pork Brown Rice California Blend Vegetables Wheat Bread Mandarin Oranges
4 Meat Loaf with Brown Gravy Mashed Potatoes Peas Dinner Roll Fresh Orange	5 Chicken Stew Biscuit Warm Peaches	6 Boiled Dinner Ham, Cabbage, Potatoes, and Carrots Rye Bread Lemon Cookie	7 Meatballs and Pasta with Marinara Sauce Parmesan Cheese Broccoli Italian Bread Tropical Fruit	8 Baked Fish with Lemon Pepper Sauce O'Brien Potatoes Mixed Vegetables Wheat Bread Pineapple
11 Closed for Veterans Day	12 Swiss Steak Mashed Potatoes Peas Italian Bread Apricots	13 Herbed Chicken Confetti Rice Spinach Wheat Bread Apple	14 Yankee Pot Roast Boiled Potatoes Carrots Dinner Roll Fruited Jell-O	15 Creamed Tuna on a Biscuit Broccoli Banana
18 Swedish Meatballs Parslied Red Potatoes Mixed Vegetables Wheat Bread Fruit Cocktail	19 Chicken Divan Pasta Prince Edward Vegetables Italian Bread Peaches	20 Beef Pot Pie Green Beans Warm Apples and Raisins	21 Macaroni and Cheese Stewed Tomatoes Corn Bread Fresh Fruit	22 Thanksgiving Special Roast Turkey with Gravy Mashed Potatoes Stuffing Squash Cranberry Sauce Dinner Roll Pumpkin Pie with Topping
25 Ham Steak Scalloped Potatoes Brussels Sprouts Dinner Roll Mandarin Oranges	26 Goulash Mexican Corn Garlic Bread Tropical Fruit	27 Birthday Special Hot Dog with Sauerkraut on a Bun Baked Beans Beets Mustard Birthday Cake	28 Closed for Thanksgiving 	29 Closed for Thanksgiving

Menu Subject To Change